

THE BOOK OF GOOD HEALTH AND HAPPINESS.



There's So Much to Discover, Learn, Explore and Experience About
Caritas Hospital & Institute of Health Sciences - A Pioneer in
Kerala's Healthcare Segment.



*The Warriors Providing Good Health & Happiness.
The Community Seeking Good Health & Happiness.*



Our Story of
Care...



lacked quality care in the late 50s and early 60s. Access and affordability to good care remained a distant dream. Our visionary - Mar Thomas Tharayil, the then Bishop of Kottayam, established Caritas Hospital & Institute of Health Sciences in 1962 against all financial odds, breathing hope into many lives. Initiated as a 50-bedded hospital, it mainly undertook maternity care and snake bite management. An incredible journey of 60 years down the care lane won the hospital the title of one of the best healthcare service providers in Kerala.

The onset of Caritas Hospital & Institute of Health Sciences was a revolution in the healthcare segment, which paved the way for actualising the dream called a healthy and happy community. The hospital underwent development and progress throughout the six decades and transformed into a world-class healthcare establishment - where the best medical care practices are acquired, mastered and practised. The organisation continues to provide best-in-class service, upholding the motto 'Kenotic Love Saves Life' that inspires each Caritasian to share the goal of providing comprehensive patient care and spreading the radiance of good health & happiness to all.

Caritas School of Nursing was established in 1965 to meet the manpower requirements of Caritas Hospital & Institute of Health Sciences, besides contributing many well-versed hands of care to the healthcare community across the globe.

A loyal community is the strength of Caritas Hospital & Institute of Health Sciences, and the hospital has never receded from giving back to its people who always stood with it. The goodwill and appreciation

the relentless efforts and support of priests, sisters, parishioners of Knanaya Catholic Archdiocese of Kottayam and commoners across all casts and religions are worthy of praise. Today, patients across Kerala seek care at Caritas Hospital & Institute of Health Sciences.

'People First' is the guiding principle of the hospital. It evolved with the evolving needs of the society. A hospital that started with a few basic departments broadened its services to meet the challenging healthcare demands of the public. It is the last resort for many in distress. Care and healing at Caritas Hospital & Institute of Health Sciences is a secular phenomenon that ensures equal medical attention for people from all religions and communities. The hospital also provides services and medicines at a subsidised rate for the needy.

Caritas Hospital & Institute of Health Sciences is the first healthcare provider in Kerala among the public and private sectors to offer dialysis services. It is the first hospital to implement minimum wages for staff and the first healthcare provider to set up COVID Control Network in Kerala. It is the first centre to perform the maximum number of general surgery cases in Kerala. It has one of the best critical care departments across healthcare providers in Kerala. The hospital boasts an adept team of doctors, nursing staff and support staff. It equips sophisticated medical technologies to enable clinical precision at all points of care.

Caritas Hospital & Institute of Health Sciences, administered by Caritas Hospital Trust, is the Cradle of Good Health & Happiness of Knanaya Catholic Archdiocese of Kottayam.

Vision

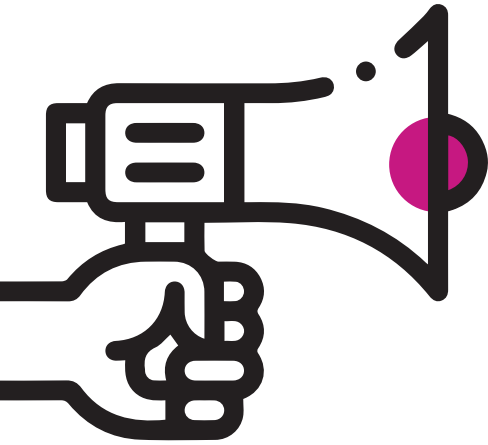
Extend the healing ministry and
compassionate love of Jesus.

Mission

To provide humanizing care, considering the dignity of the person and needs of the society.
To strive for total healing of a person.
To ensure competence, quality and cost-effectiveness in healthcare services.
To cooperate and collaborate with government and NGOs.
To make healthcare accessible to all in accordance with the teaching of Catholic Church.
To observe all ethical norms according to professional ethics and just laws of the country.

Motto

Kenotic love saves life.





Navigate Through the Numbers.

655 Beds

134 ICUs

12 OTs

16

Centres of Excellence

43

Major
Departments

30

Allied Medical &
Support Services

300+

Expert Doctors

3000+

Dedicated Staff

Patient Footfalls/Year

700000+

Care.



2012

Started Renal Transplantation programme, the first in Central Travancore.

2014

Started Heart Transplantation programme.

2015

Accredited by NABH and became the first NABH accredited hospital in Kottayam district.

2018

Bishop Chulaparambil (BC Block) was inaugurated with Nuclear Medicine and PET-CT Centre. The hospital achieved National Board of Examination's (NBE) approval to conduct DNB academic programme.

1995

Caritas Hospital Trust was Registered.

1997

Bishop Tharayil Block (BT Block) was Blessed.

2002

Caritas College of Nursing Started B.Sc. Nursing Programme.

2003

Established Caritas Cancer Institute.

2005

Caritas College of Nursing Started Post Basic B.Sc. Nursing.

2008

Inauguration of Bishop Makil Block (BM Block). Caritas Hospital & Institute of Health Sciences Obtained ISO-9001 Certification.

2011

Inauguration of Caritas Heart Institute.

2019

Initiated Liver Transplantation programme, the first in Central Travancore. The Ethics Committee of the hospital got accredited by NABH & the hospital obtained NABH Nursing Excellence Certification.

2022

Inaugurated a New-age Dialysis Unit with 45 Beds, which is operational round the clock. Inaugurated Chemotherapy Suite at the Caritas Cancer Institute. NABH 5th Edition Accredited. NABH Nursing Excellence Re-accredited. Received Mother & Baby Friendly Hospital Initiative Accreditation (MBFHI). Obtained Eat Right Campus Accreditation. Received EPIHC Accreditation.

**All
That
Matters
in Health.**





Dedicated Centres of Excellence,
Specialities, Support Services and
Patient-Centered Care to Take Care
of Your Health from Head to Toe.

Located Close to Your Health.

16 Centres of Excellence
Committed to Improve the Lives
through Remarkable Care.



outcomes to patients.

Caritas Cancer Institute

Caritas Hospital & Institutes of Health Sciences boasts of housing a premier-level, comprehensive institute for treating all kinds of cancers. Caritas Cancer Institute has the best oncologists who ensure positive outcomes for patients, and assure the best prognosis and treatment.

The hospital provides advanced care to patients, starting from home-based oral therapies to difficult chemotherapy procedures with the aim of providing relief and cure. It is equipped with the best oncology team, state-of-the-art infrastructure and modern equipment to detect, diagnose and treat various stages of cancer in both adults and children. Caritas Cancer Institute comprises several divisions, including Medical Oncology, Surgical Oncology, Radiation Oncology, Nuclear Medicine, Palliative Oncology and Community Oncology.

Caritas Neurosciences

Caritas Neurosciences provides advanced treatment to patients requiring brain, spine and nerve care to patients of all ages and rehabilitation services for faster recovery. The plethora of services offered at the centre includes Advanced Neurology, Neurosurgery, Spine Surgery, Neuro Oncology, Paediatric Neurology and Neuro Rehabilitation. Skilled doctors with years of experience in treating complex cases offer a multidisciplinary approach to treat our patients, and are supported by trained nurses, technicians and certified therapists.

Over the years, the institute has developed into a comprehensive centre for helping people with complex conditions, including brain surgery and minimally invasive techniques.



Nephrology & Renal Transplant

The Centre of Excellence in Nephrology & Renal Transplant offers comprehensive and benevolent care to patients suffering from kidney-related disorders. It is one of the premier renal centres in Central Travancore. The centre is run by a dedicated team of nephrologists well-known for their superior clinical skills in treating patients of all ages, including children. It cares for patients with acute and chronic kidney diseases as inpatients and outpatients and has a significant number of patients with Chronic Kidney Disease (CKD) on follow-up. The centre adopts effective and comprehensive management strategies to reduce the progression of CKD. It works closely with the Urology division to provide comprehensive management of patients with complex nephro-urological disorders. The centre has an eminent team of specialists comprising nephrologists, urologists, kidney transplant specialists and hemodialysis technicians to deal with a comprehensive analysis of each person's condition.

Rheumatology

The Centre of Excellence in Rheumatology is one of the best in Kerala and specialises in providing relief for different kinds of arthritis, rheumatoid arthritis and other musculoskeletal conditions. The centre has some of the top rheumatologists in the country to provide excellent care, and assure accurate diagnosis and therapy with the support of advanced imaging equipment and other technologies. The centre offers inpatient and outpatient care, intra-articular injections and biologics therapy besides detailed check-ups and treatment for all conditions causing rheumatism.

professional expertise for early mobilisation.

Urology

The Centre of Excellence in Urology at Caritas Hospital and Institute of Health Sciences is a leader in providing tertiary-level expertise in urological care at an affordable cost to a large section of society in Central Kerala. The centre is on par with international modes of treatment for the entire spectrum of urinary disorders, including prostate conditions and urinary stone diseases, besides performing all uro-surgical procedures such as keyhole (Laparoscopic) surgery. The treatments and procedures are backed by innovative technological brilliance. A few major services include TUR (Trans Urethral Resection), ESWL, Ureterorenoscopy (URS) + Lithotripsy, PCNL, Female Urology Anti-incontinence Surgery, Paediatric Urology, Andrology, and Oncological and Reconstructive Urology.

Gynaecology, Obstetrics & Neonatology

The Centre of Excellence in Gynaecology, Obstetrics & Neonatology has the most sophisticated facilities in Kerala to provide accurate and timely care for women and neonates. The specialist team of doctors provides comprehensive treatment for every gynaecological disorder/cancer that plagues women and follows international treatment protocols to assure relief. The centre is fully equipped to deal with high-risk pregnancies, cancer in its different stages, and fertility care, and has all the facilities to deal with gynaecological surgeries. It also performs many procedures to detect conditions early in their developing stages.

The neonatology division functioning under the centre offers comprehensive management of diseases and other medical conditions concerning neonates. Our expert doctors are capable of handling emergency surgical requirements in neonates.



possible outcome. The facilities and services offered at the centre include Hydrotherapy Unit, EMG Bio-Feedback, Virtual Rehab, Neurodevelopmental Therapy, Visual Stimulation, Electrotherapy, Exercise therapy, Occupational Therapy - ADL Training, and Speech and Swallow Therapy.

Critical Care Medicine

A patient needs critical care treatment upon facing life-threatening situations and when the risk of organ failure is high. The attending doctors need to have the presence of mind to make split-second decisions because the patient's life would be in question if a minute mistake is made. The Centre of Excellence in Critical Care Medicine has the best doctors to treat any kind of emergency, Acute Respiratory Distress Syndrome (ARDS), Septic Shock, Multiple Organ Failure, seriously morbid conditions and other medical complications.

General Medicine

The Centre of Excellence in General Medicine provides speciality care to patients requiring customised and timely care for several medical emergencies and critical illnesses. The well-coordinated approach practised at the centre makes it possible for the entire medical team to attend to each patient with the care they need in case of medical emergencies, snake bites, multi-system diseases, treatment, care and follow-up of diabetes, hypertension, lipid disorder and other conditions, critical care, ICU care, ventilator care etc. and other health/illness-related requirements.

The centre is responsible for accurately providing surgical interventions for disorders concerning the endocrine system, gastrointestinal tract, colon, liver, and such through a multi-disciplinary approach. It has modern surgical operation theatres with facilities for major open and minimal-access surgeries. Moreover, the centre is one of the finest in the region, offering outpatient, inpatient and 24/7 Emergency Care. It provides integrated all-around surgical care backed by dedicated Anaesthesiology and Critical Care teams.

Dermatology & Cosmetology

The Centre of Excellence in Dermatology & Cosmetology provides advanced consultation, diagnosis and treatment for various conditions afflicting the hair, skin and nails. The centre offers treatment regimes suitable for all clinical, general and dermatological problems, and personalised care is provided for patients requiring them. There are different skin types, and the ailments concerning them are also different.

The skin reacts differently to different climatic conditions and dermatologists must be qualified and experienced enough to understand what treatment should be followed for different skin types. Apart from treating skin diseases, the experts at the centre are also certified to provide services in various dermatosurgical and aesthetic dermatology procedures. The centre is also fully equipped to deal with several genital conditions, including sexually transmitted diseases.



Emergency Medicine & Trauma Care

The Centre of Excellence in Emergency Medicine & Trauma Care has a fully equipped team to provide quality care at the earliest, and the attending physicians are qualified to identify the broad spectrum of illnesses, injuries or conditions that might have caused the situation the patient is going through. The department equips the latest facilities to address all sorts of emergencies around the clock. The moment a case is brought to our attention, the patient becomes our priority and is taken care of with extreme sensitivity.

The 60 plus bedded state of the art Emergency medicine & Trauma care department is equipped to handle all sorts of emergencies irrespective of age, gender and severity of illness. The department has over 15 beds dedicated for severely ill/critical patients (Priority 1 - Red). The facilities within the department includes triage zone, priority zones (Red, Yellow, Green), Resuscitation zone, Isolation zone, Intensive Care Facility, Point of Care Facility, counseling room, procedure room and Minor OT with hepa filter. 384 slices AI supported CT scan is in close proximity to the department. The department also extends its service to the general public through its pre-hospital system viz: - first responder system (Bike ambulance), level B, C & D ambulances and also helipad services.

The department equips the latest facilities to address all sorts of emergencies around the clock. The moment a case is brought to our attention, the patient becomes our priority and is taken care of with extreme sensitivity.

**Back
Control
of Your
Health.**



Dedicated Specialities to
Upkeep Your Health and
Well-being Round the Clock.



responsiveness so the surgeons can perform the procedures conveniently and smoothly without any sort of distress or discomfort to the patients.

Our experts have years of experience in successfully offering regional anaesthesia, general anaesthesia to patients in diagnostics, surgery, critical care and pain management.

Dental, Oral & Maxillo Facial Surgery

Caritas Hospital & Institute of Health Sciences has one of the best Dental, Oral & Maxillo Facial Surgery department in Kerala and prides itself in giving personalised care to its patients. We follow international treatment protocols, and can provide precision-oriented, specialised treatment for both congenital and acquired deformities of the teeth, gums, soft tissue components and skull.

Deformities can happen when a person is born, or when injuries or accidents happen. These can be corrected through surgeries and other procedures so the patient can lead a normal life. We also provide treatments for assaults, facial fractures, salivary gland diseases and head and neck cancers.



We have argon laser treatment for diabetic eye diseases and glaucoma can be checked through visual field analysers. We have a special world-class facility for performing painless, no-injection cataract surgery. Squint correction and surgical treatments are provided for both adults and children.

Pathology, Microbiology & Laboratory Medicine

The Department of Pathology, Microbiology & Laboratory Medicine is a fully integrated intelligent centre offering complete diagnostic virology, serology, microbiology, bacteriology, parasitology, mycology, clinical biochemistry and mycobacteriology evaluations.

The hospital has the zero-error promise of information delivery to the concerned departments through its Hospital Information System (HIS) so the patients can be accurately evaluated on time, and this diagnosis would aid in a faster treatment regime.

We use the latest technologies to ensure accuracy and reliability. The laboratory does both routine and special tests, and makes sure every patient's result is provided on time.

hearing aids, cochlear implant use, and rehabilitation of tinnitus and other disorders.

Endocrinology

Caritas Hospital & Institute of Health Sciences has a full-fledged Endocrinology and Diabetes management unit where patients are treated successfully for different sorts of lifestyle diseases, and there are specialists treating all kinds of hormonal imbalances, problems with the endocrine glands and diabetic issues. The department also offers treatment for cancers concerning the endocrine, overproduction of hormones, menopause, short stature, bone diseases, adrenal disorders, male and female hormone disorders lipid disorders and more.

Plastic and Microvascular Surgery

The department provides comprehensive care to patients requiring plastic and microvascular services. It is the combination of medical and surgical skills coupled with advanced technology that makes the surgeries successful. Our hospital has skilled surgical teams derived from a sense of passion and commitment to providing the best and most accurate treatment to our patients requiring amputation, peripheral nerve treatment, correction of deformities caused either due to trauma or congenital conditions and care for soft tissue loss.

We have a team of experts to provide empathetic counselling for patients so they will be a part of the whole reconstruction process and know how it is done, which will aid in their healing.



Psychiatry, Counselling and Psychotherapy Services

Through our Psychiatry, Counselling and Psychotherapy services, we aim to provide compassionate care in a high-quality clinical setting. We offer a huge plethora of services through our cognitive behavioural therapists, stress and anger management experts and psychiatrists, and they treat not just the symptoms but identify the root cause of the problems. We offer specialised services for behavioural problems and mental illnesses in both adults and kids.

Interventional Radiology, Radiodiagnosis and Imaging

The department provides minimally invasive, image-supported treatment and diagnosis for various illnesses and diseases concerning different parts of the body. We have multiple techniques such as advanced ultrasound, MRI, CT-Computed Tomography, 3D/4D/contrast, digital X-ray and Fluoroscopy. To ensure we reach every patient in need, we provide Interventional Radiology at our outpatient clinic on all weekdays. We also undertake various vascular and non-vascular procedures, and since these require special knowledge and high levels of expertise, we have the best radiologists in our team. They confer with the concerned doctors to ensure the best outcome for the patient.

Life!

**Dedicated Organ Transplant Services
to breathe new life into many lives.**

stem cell transplantation. We deliver unique pre and post-transplant management facilities throughout every step of the transplant process. When it comes to our heart transplant program, we are backed by state-of-the-art technology and cutting-edge medical interventions. Our highly trained doctors, their integrated team approach, and the excellent infrastructure help us to attain superior outcomes in transplant programmes.



advised when a person suffers from end-stage renal disease. A working transplanted kidney does a better job of filtering wastes and is healthier than dialysis. Those who donate a kidney can lead a healthy life with one healthy kidney.

donor brain-dead. The transplant procedure is done only if the healthcare provider confirms that it is the best treatment choice for your heart failure. The healthcare team also makes sure the patient is healthy enough to go through the transplant process. After the transplant, medical care is advised for the rest of the life to avoid complications.

Liver Transplant



A liver transplant replaces a patient's diseased liver with a whole or partial healthy liver from another person. It is the only cure for liver failure because no device or machine performs all functions of the liver. People who require a liver transplant may be affected by Acute Liver Failure or Chronic Liver Failure. Cirrhosis is one of the major conditions that affect the liver. Apart from Cirrhosis, certain conditions such as primary liver cancers, viral and acute hepatitis, acute hepatic necrosis, and autoimmune hepatitis also affect the functioning of the liver. Types of organ donors include brain dead organ donors, cardiac death organ donors and living donors. A divided liver can grow back to full size in both the living donor's and the recipient's bodies. The transplant process may usually take 6 to 12 hours.

Stem Cell Transplant



The stem cell transplant replaces the unhealthy cells by adding new blood-forming stem cells into the bloodstream. Stem cells are made in the bone marrow and develop into the different types of blood cells. This advanced procedure is an effective treatment for certain kinds of cancer, especially blood cancers such as leukemia, lymphoma, and multiple myeloma. A stem cell transplant may also be used to treat certain genetic conditions and some noncancerous blood diseases.

There's Something More About Our Care.

There are more reasons why our care is comprehensive and competent. Our facilities and services vouch for it.



Telemedicine

Caritas Telemedicine services provide comfort and convenience to patients who are unable to visit the hospital due to their physical condition, busy schedule or travel restrictions. The telemedicine facility enables virtual visits (both video & audio) and proves effective in delivering care even during an outbreak of any infectious diseases.

Benefits

- Easy Access to Specialists
- Support for People with Chronic Conditions
- Reduced Anxiety
- Increased Patient Engagement
- Comfort & Convenience
- Preventive Care



Lab on Wheel

Caritas Lab on Wheel takes quality healthcare to doorsteps and provides a wide range of flexible and reliable examinations and tests to home-bound patients. A certified team is designated to collect lab specimens for testing using state-of-the-art equipment with high safety standards.

Caritas Home Care

Caritas Home Care eases access to our expert care from the comfort of the patient's home, thereby bridging the gap between good health and home. It also facilitates various packages, so people could choose services of their choice for a certain period.

Services

- Doctor's Consultation
- Nursing Care
- Lab Services
- Physiotherapy
- Telemedicine
- Primary Medications
- Emergency Ambulance Service
- Other health/illness-related requirements



Caritas Hospital Blood App

Caritas Hospital & Institute of Health Sciences in association with Ottakattil Charitable Trust has launched Caritas Hospital Blood App. The app enables the users to donate as well as receive blood.

Blood Bank

The 24X7 highly equipped and modernized Blood Bank offers the best transfusion medicine services to both inpatients and outpatients who are in urgent need of blood or its components. The Blood Bank has a team of experienced experts and the latest technology. It offers the most efficient services to patients throughout the process, starting from screening donors, and collecting blood to separating components and scientifically storing them.



WhatsApp Services

Caritas Hospital & Institute of Health Sciences simplifies access to the hospital's services simply through WhatsApp. Users can avail various services, including appointment booking, telemedicine, lab reports, and such.

Diagnostics

The Diagnostics service at Caritas Hospital & Institute of Health Sciences supports healthcare professionals in making critical decisions in evaluation and treatment, thus achieving the best possible outcomes using state-of-the-art technologies. Services include 24/7 Laboratory, Radiology and Imaging, Interventional Radiology, 24/7 MRI Scan, 24/7 CT Scan, Ultrasound Scan, 24/7 X-Ray Services, Nuclear Medicine and PET-CT, Mammography, Angiogram, 2D Echo, EEG/EMG, Sleep Lab, Holter Monitoring, Treadmill Test, Endoscopy and Spirometry.

Second Opinion

Caritas Hospital & Institute of Health Sciences provide reliable Second Opinion services to those who are uncertain about a medical diagnosis or the appropriate treatment. The service lets people gain insights from the best doctors in various departments and seek their care. Information regarding the second opinion shall be delivered within 24 hours after the consultation at the respective department.

Clinical Nutrition

Led by a team of expert dieticians, the Clinical Nutrition division offers customized, guideline-based dietary plans for patients. These dietary plans are devised for each patient based on their health problems and nutritional requirements. The department provides crucial support to all specialities by assessing, monitoring and optimizing the nutritional status of patients, including those who require intravenous feeding.

- Whole Body Health Check-Up
- Cardiac Health Check-Up
- Senior Citizen Health Check-Up
- Executive Health Check-Up
- Well Women Health Check-Up
- Diabetic Health Check-Up
- Paediatric Health Check-Up
- Mini Health Check-Up

Caritas HSW (Health. Safety. Well-being.)

Caritas Hospital & Institute of Health Sciences has introduced HSW (Health, Safety, Well-being.), an initiative to improve the overall health and well-being of Caritas employees. It also ensures personal safety and improves the quality of life of employees and their families. The project is being implemented under the leadership of the Human Resources Department of the hospital.

Caritas Polyclinics

To make its expert care more accessible for people, Caritas Hospital & Institute of Health Sciences undertakes hospitals and clinics and upgrades them as its polyclinics to provide superior services under its banner.



Caritas KMM Hospital, Puthenangady, Kottayam



Caritas Family Hospital, Kalathipady, Kottayam



Caritas Matha Hospital, M.C Road, Thellakom, Kottayam

India's First Artificial Intelligence Enabled

True Beam 3.0 with Both HyperArc & Identify Surface Guided Radiation Therapy

- High-Precision Radiotherapy - HyperArc
- Surface Guided Radiotherapy (SGRT)
- Stereotactic Radio surgery (SRS)
- Image-Guided Radiation Therapy (IGRT)
- Dynamic Intensity Modulated Radiation Therapy (DMLC-IMRT)
- Three Dimensional Conformal Radiation Therapy (3DCRT)
- Electron Beam Radiation Therapy
- Conventional Radiation Therapy (2D RT)
- Stereotactic Body Radiotherapy (SBRT)
- Volumetric Modulated Arc Therapy (RAPIDARC)





384 Slice Diagnostic Cardiac Dual Energy RT- CT

Siemens SOMATOM go Top



Linear Accelerator

Varian Unique Linear Accelerator

Satisfied patients from across the globe, mainly from the GCC, European and African regions vouch for our world-class care.



Travel from Many Places to One Place That Heals.

When you opt for a treatment at Caritas Hospital & Institute of Health Sciences, you can experience a world-class treatment, an environment conducive to healing, a comfortable stay and easy access to the pristine landscape of Kottayam.

State-of-the-art Infrastructure



Helipad



Reach By Air

Nearest Airport : Cochin International Airport
Distance : 78 Km

Pick and Drop



Translator



Lush Green Ambiance

Tie-up With All Major Health Insurance Providers.

Continued Support, Continued Care.

We are with you from the time you decide to seek care till you feel better and get back to your normal life.

- Get in Touch
- Pre-consultation Evaluation
- Online Consultation
- Treatment Plan
- Trip Plan and Itinerary
- Arrival
- Pre-operation/Procedure Check-up
- Procedure and Post-operative Care
- Return and Follow-up



Learning Meets Lives.

Caritas College of Nursing, Caritas College of Pharmacy and Caritas Institute of Medical Education and Research offer value-based education to nurture more caring hands and contribute towards building a healthier world.

Caritas Institute of Medical Education and Research (CIMER)

Caritas Institute of Medical Education and Research (CIMER) is the newest addition to the academic initiatives undertaken by Caritas Hospital & Institute of Health Sciences to strengthen its roots further in the healthcare education segment. CIMER shall initially provide four Bachelor's Degree courses namely B.Sc. Radiotherapy Technology (Guided by the Department of Radiation Oncology), B.Sc. Medical Imaging Technology (Guided by the Department of Radiology & Imaging), B.Sc. Medical Laboratory Technology (Guided by the Department of Laboratory Medicine Programme) and B.Sc. Optometry (Guided by the Dept. of Ophthalmology Technology).

Besides the Bachelor's courses, the institute provides DNB Programmes in Radiation Oncology, General Surgery, General Medicine, Anaesthesiology, Obstetrics & Gynaecology, and DrNB in Cardiology.



Caritas College of Pharmacy was established in 1981 under the eminent guidance and vision of H.E. Mar Kuriakose Kunnassery, the then Bishop of Kottayam. The college offers D. Pharm and B. Pharm courses, recognized and approved by the Pharmacy Council of India, All India Council for Technical Education and affiliated with the Directorate of Medical Education and Kerala University of Health Sciences, Thrissur. The institution was started to create professionally qualified, technically competent, spiritually matured, psychologically integrated and socially acceptable pharmacists with professional ethics, good human values and a national outlook.

Caritas College of Nursing

Caritas College of Nursing was established in the year 2002. The college is affiliated with Kerala University of Health Sciences, Thrissur, Kerala, the Nurses & Midwives Council, and the Indian Nursing Council. The college offers B.Sc. Nursing, Post Basic B.Sc. Nursing and M.Sc. Nursing courses. The college is managed by Caritas Hospital Trust and belongs to the Catholic Archdiocese of Kottayam. The college was established under the patronage of H.E. Mar Kuriakose Kunnassery, Archbishop Emeritus of Kottayam. Caritas College of Nursing was declared as a minority educational institution on 11th December 2007. The college has created many hands of care who are serving in many healthcare organizations across the globe.



**is Bright and
Healthy!**



the first Doctor of the year, the hospital earned the status of a healthcare provider serving the largest patient base in Central Travancore through consistent and quality care. The hospital evolves and adapts to the needs of the future, keeping the motto, 'Kenotic Love Saves Lives' in mind. In pursuit of growth and expansion, the institution has never deviated from what it stands for - Patient and Community-centric Healthcare Delivery.

With a young population progressing towards middle age and as the national and state-level life expectancy is improving, there is going to be a steady increase in the number of aged patients with chronic non-communicable diseases. In this era of digital health tech and IoT (Internet of Things), information is available for care providers and patients alike.

Caritas Hospital & Institute of Health Sciences is on the path to accepting and embracing technology in the form of Electronic Medical Records (EMRs), CPOE, and Hospital Information Management System compatible with human and physical resources without compromising the requirements of patients and the core competencies of the hospital - transparency, accountability and affordability.

Academics and scientific thinking form the backbone of evidence-based medicine and good clinical practice in a healthcare institution. Caritas Hospital & Institute of Health Sciences combines patient management and academics, not only in the core clinical areas but also in supportive care areas, including management of services. The hospital has been a pioneer in blending compassion with care for decades and will continue to do so in the decades to follow!

**Healthcare Keeps
Changing Dramatically.
We Keep Evolving
in an Evolving
World, Embracing
the Innovations
and Breakthroughs
to Ensure the Best
Outcomes for the
Society.**

Committed to the Community.

Caritas Hospital & Institute of Health
Sciences always believes in giving back
to the community, with care.





**Free Health Services and
Treatments**

**Free Dialysis, Angiograms and
Mammograms**

**Free Medicines and Discounts
on Medicines**

**Free Health Talks at Educational
Institutions**

Free Vaccination Drives

Free Ambulance Services

Book Collection Drives